
FOOD AND CULTURE—LINKS TO WEST AFRICA

STUDENT WORKSHEET

NAME: _____

CLASS PERIOD: _____

Directions:

The need to eat is the most basic need we have and food evokes strong feelings in everyone; people know what they will and won't eat, what they love, and hate in food. Food tells us a lot about what is special to people and why.

Answer the following questions by going to the library, using the internet, or interviewing a member of your family, or someone in your community.

1. Describe a recipe often made or important to your family?

2. What food item or recipe are you researching?

3. What region of the country or world is this dish associated with?

4. Describe the cultural meaning or importance of this dish

5. What are the key ingredients?

6. Is this dish made for special celebrations and/or family events? What is the event?

7. Who usually prepares this dish? _____

8. What is the history of this dish/food? You can use family history or resources found on the internet or in the library.
